

THE FLUTE SCALE BOOK

A Path to Artistry

By Patricia George and Phyllis Avidan Louke

LESSON 1

1. Page 3.01 – Headjoint only. Read page. Explore playing beautiful octaves. Use vibrato.
2. Page 1.04 – Whole-Note Scales.
Level 1: F major. Four “HAHS” per whole note.
Level 2: All keys. Four “HAHS” per whole note.
3. Page 1.08 – Whole-Note Scales. Ascending thirds.
Level 1: F Major. Four “HAHS” per whole note.
Level 2: All keys. Four “HAHS” per whole note.
4. Page 5.01 – Five-Note Scale Patterns
Level 1: F Major, Chunk by 4s slurred with a rest in between each beat.
Level 2: All keys. Chunk by 8s slurred with a rest in between each two beats.
5. Page 4.02 – 4.03, Two-Octave Scales
Level 1: F major and D Minor, Chunk by 4s slurred with a rest in between each beat.
Level 2: All keys, Chunk by 4s slurred with a rest in between each beat.
6. Page 4.07 – Two-Octave Scales in Thirds
Level 1: F major and D Minor. Single tongue (T)
Level 2: All keys: Use T, K, or TK.
7. Page 5.27 – Kuhlau Bass
Level 1: F Major only (Page 5.27, line 4; Page 5.28, line 6; Page 5.29, line 8 optional)
Level 2: All keys. Quarter = 60, 72, 88, 96, 120, or 144)
8. Page 6.05 – Chromatic Scales Preparation
Level 1: Chunking by 2s, lines 1 and 3 (omit 2)
Level 2: Entire page
9. Page 3.08 – Third-Octave Wiggles
Level 1: first line only
Level 2: first six lines
10. Pick out your favorite exercise and practice it in as many ways as you can imagine. Use the hints on Pages 1.01 – 1.03 and Practice Patterns Appendix 1 and Appendix 2.

HERE'S TO GOOD PRACTICING – Patricia George, December 30, 2010