

THE FLUTE SCALE BOOK

A Path to Artistry

By Patricia George and Phyllis Avidan Louke

LESSON 4

1. Page 3.02 – Right hand on the barrel. 2nd line of music (Slurred, three note harmonics): 6 vibrato cycles per note. (Simple time: 1+2+3+)
Level 1: Page 3.04, G Major, 1st line
Level 2: Page 3.04, G Major, 1st three lines
2. Page 1.04 – Whole-Note Scales.
Level 1: F, Bb, Eb, G major. Three “HAHS” per note. Keep the HAH in the vocal folds.
Level 2: All keys. However, use the advanced order. Start on C2 and then ascend chromatically (C, C#, D, Eb etc.). Use the rhythm 1, found on P. 1.03. Play with “HAH” rather than T. On the top note, play 4 HAH Staccato and then 4 HAHS Slurred (Spinning Vibrato). (Vibrato = HAHS slurred)
3. Page 1.08
Level 1: F, Bb, Eb. Two HAHS per note. Top note spinning vibrato for as long as possible. (“Stick the landing”) G Major. Play the Wiggle rhythm on each set of thirds. For example: GBGBG, ACACA, etc.
Level 2: All keys. However, use the advanced order. Start on C2 and then ascend chromatically (C, C#, D, Eb etc.). Use “HAH” on each note. On the top note, play 4 HAHS staccato and then 4 HAHS slurred. Keep the HAHS in the throat. There should be no movement in the abdomen. Play as if you were bouncing a balloon in the air.
4. Level 1: Page 3.07, First three lines.
Level 2: Page 5.36 with HAHS in a dotted eighth and sixteenth rhythm. Notice how full your tone is as you progress down the page. Keep the vocal folds separated and blow.
5. Read Page 2.01. Phrasing Gestures. Strong/Weak or Loud/Soft for Level 1 and 2.
Questions?? See the video guide to this exercise on our website at www.fabulousflute.com or on our facebook page (under videos)
<http://www.facebook.com/?tid=1121517284762&sk=messages#!/pages/Fabulous-Flute-Music-Company/213489153283>
Level 1, play Exercise 1, 2, 3 in the keys of F, Bb, Eb, and G.
Level 2: Play Exercise 1,2,3 in two keys per day, so in six days you will have rotated through all the keys. REMEMBER: The first note is strong and the next notes are weaker. Record yourself to hear if you can tell a difference.
6. Page 4.02 – 4.03, Two-Octave Scales
Level 1: G major and e minor. Chunk by 4s slurred with a rest in between each beat.
Level 2: All keys. But play 6 notes to a beat ascending and descending 3 times in one blow slurred.

6. Page 4.07 – Two-Octave Scales in Thirds

Level 1: G major and e minor. Single tongue (T) or (K). Keep the K high and forward. Rather than KA, think KEY.

Level 2: All keys. TK with the metronome. Quarter = 72, 144, 80, 120, 88, 104

7. Page 5.27.

Level 1, G minor, major and augmented

Level 2: Page 5.14 – 5.18. Chunk by measure slurred.

8. Page 6.05 – Chromatic Scales Preparation

Level 1: Chunking by 4s, Omit measures 3 and 4

Level 2: P. 6.09. Chromatic Major Seconds. Play with T, K, HAH, TK and counted vibrato.

Chunk by measures, then by 2 measures, by 3, etc. until you can play the entire four lines slurred in with only one (or none) breath.

9. Page 3.08 – Third-Octave Wiggles

Level 1: first, second, third and fourth lines only. Tongue and slur.

Level 2: first six lines, TK to each note.

10. Level 1: Practice Page 4.19 slowly. TK

Level 2: Page 4.16 and 4.17.

11. Level 1: Explore the Gariboldi etudes in FLUTE 102: Mastering the Basics

Level 2. Altes, 26 Selected Studies. Nos. 1, 2, 3, 4, 5, 6.

12. Level 2: Play all the slow movements of Bach *Sonatas in b, Eb, A* with the metromome. Most ornaments are placed ON the best.

P.S. Level 2: Order Furstenau, Op. 107 in 2 volumes,

HERE'S TO GOOD PRACTICING – Patricia George, January 23, 2011