

THE FLUTE SCALE BOOK

A Path to Artistry

By Patricia George and Phyllis Avidan Louke

LESSON 7 – Great FLUTE SPA in CHATTANOOGA last weekend!

1. Page 3.02 – Right hand on the barrel.

2nd line of music (Slurred, three note harmonics): 6 vibrato cycles per note. (Simple time: 1+2+3+)

Level 1: Page 3.04, G Major, 2, 3, or 4 vibrato cycles per note. Quarter = 60

Level 2: Page 3.04, G Major, On each pitch: 0234320 vibrato cycles per note. Each number represents a beat.

2. Page 1.04 – Whole-Note Scales.

Level 1: F, Bb, Eb, G, D, A major. Slur by 2s.

Level 2: All keys. However, use the advanced order. Start on C2 and then ascend chromatically (C, C#, D, Eb etc.). Use the rhythm 1, found on P. 1.03. “HAH” articulation. On the top note, play 4 HAH Staccato and then 4 HAHS Slurred (Spinning Vibrato). (Vibrato = HAHS slurred)

3. Page 1.08

Level 1: F, Bb, Eb, G, D, A Major, Slur by 2s

Level 2: All keys. However, use the advanced order. Start on C2 and then ascend chromatically (C, C#, D, Eb etc.). Slur by 2s. 4 vibrato on first note, 3 vibrato on second note, rest on where the 4th vibrato should be. Remember the rule: any two notes—the first is strong, the second is weak (*f to p*)

4. Level 1: Page 3.07, First five lines. Use the following: T, K, or HAH staccato on each note. Think about your finger touching in the very center of the key. Articulate fingers.

Level 2: Page 3.09 with T, K, or HAH on each note. Vary tempi from very slow to very fast.

5. Read Page 2.01. Phrasing Gestures. Strong/Weak or Loud/Soft

Level 1 and 2. Questions: See the video guide to this exercise.

Level 1, play Exercise 1, 2, 3 in the keys of F, Bb, Eb, G, D, A.

Level 2: Read Page 2.10. Practice the chart with the forward flow forward and back movement. The only movement will be your shifting your weight from your back foot to your front foot. The flute remains in the chin. Check your stance before you begin. Left foot in front, right in back as if you are serving a tennis ball. Your upper body will be facing to the right at 45 degrees. Head turned to the left. (Be sure to rest where indicated. Resting will help you learn to play ON the beat.) Use the keys on page. 2.11

6. Page 4.02 – 4.03, Two-Octave Scales

Level 1: C Major/a minor. Practice tongued, long –short dotted eighth and sixteenth. Remember the dot equals a rest or articulatory silence.

Page 6.03 – 6.04

Level 2: Slurred. Yes, do the repeat. First time up – forte, second time up – piano. MWF flat keys, TTS, sharp keys. Remember to play all the way through first in the key of C. Then play all through again with one flat. Then with two flats etc. This exercise will help you be able to play any scale starting on any note. It is also a good exercise to keep the same color quality on each note.

6. Page 4.07 – Two-Octave Scales in Thirds

Level 1: F major and d minor. Single tongue (T) or (K). Keep the K high and forward. Rather than KA, think KEY.

Page 5.12 – 5.13

Level 2: This is the most challenging exercise in the entire book IMHO. The goal is to be able to play the Ascending thirds slurred, fast (quarter= 96) with a breath after measure 12. It won't happen in a day. Start by chunking by measure, resting on the barline. Think strength of the beats (1 is strong, 2 less, 3 least). If you can move your flute (gently, as if cueing someone) from down to up while playing your measure, all the better. MWF, flat keys. TTS, sharp keys. One day play the ascending pattern, the next the descending.

7. Page 5.27. Level 1, F minor, major and augmented, slurred – work on playing faster

Level 2: Page 5.19 – 5.26. One page a day with two HAHs per note, very softly

8. Page 6.05 – Chromatic Scales Preparation

Level 1: Chunking by 4s, Omit measures 3 and 4

Level 2: P. 6.09, Minor Thirds. Slur by 2s.

9. Page 3.08 – Third-Octave Wiggles

Level 1: first, second, third, fourth and fifth lines only. Tongue and slur.

Level 2: first seven lines, HAH with repeats. Wiggle as fast as you can.

10. Level 1: Practice Page 4.18, Keys of F, Bb, Eb, G, D and A

Level 2: Page 4.20. Only start with the last line on the page and ascend. Up and down 4 times in one breath. You may have to play more softly, but be sure the air stream is always moving out toward a target.

11. Level 1: Explore the Gariboldi etudes in FLUTE 102: Mastering the Basics or you lesson materials.

Level 2. Altes, 26 Selected Studies. Play/perform 6 a day. Omit the ones we omitted before.

Cycle through the Berbiguier 18 Exercises this week. In tempo, with dynamics and the metronome.

12. Level 2: Mozart G Major Concerto, 2nd movement

P.S. Level 2: Order Furstenau, Op. 107 in 2 volumes. If you have the Furstenau, practice the first eight preludes only. Add the next four preludes. Some rules to think about (From Flute 101 and Flute 102): shape of the note, decay or diminuendo to the dot or tie, dots after notes indicate a silence, two notes – play strong weak, think about expressive vibrato speed, definite dynamics—not all mf.

HERE'S TO GOOD PRACTICING – Patricia George, February 17, 2011