

# Flute Spa & Flute Choir Retreat

in beautiful Portland, Oregon

with Patricia George and Phyllis Avidan Louke

This Participatory **Flute Spa and Flute Choir Retreat** is

for Flutists, Age 18 – Adult

(especially for teachers, flute choir directors and members)

**Friday, June 29 – Sunday, July 1, 2018, Portland, Oregon**

**Registration Fee: \$250 (\$275 for registrations received after May 1<sup>st</sup>)**

**Flute Spa:** By definition, a visit to a spa is meant to invigorate you, to make you stop and take time to think, to relax, to re-assess *why* you do what you do. In this case, a Flute Spa is designed to give you some new perspectives on how to approach your flute playing—everything from scales to body position to practice technique. Even though this spa won't feature massages, manicures or hot tubs, we know that you will come away with a new focus for your performing and practicing skills. Patricia George has presented Flute Spas to rave reviews at flute clubs throughout the United States and at the NFA Convention.

**Flute Choir:** We will show you ways to incorporate the Flute Spa experience into the Flute Choir setting to improve everything from group warm-ups and getting a singing, ringing sound to group phrasing, ease in technical work, and playing as a cohesive ensemble. Flute Choir Reading Sessions conducted by Phyllis Louke will focus on the latest and greatest flute choir repertoire as well as some old favorites. The weekend will conclude with a flute choir performance at a local venue.

#### DAILY SCHEDULE:

**Friday, Saturday, Sunday**

**9:00am-noon Flute Spa**

**2:00-5:00pm Flute Choir Reading Session  
and Sunday Performance**

**Friday, Saturday**

**7:00pm-9:00pm Flute Choir Reading Session &  
Special Topics**

#### SPECIAL TOPICS WILL INCLUDE:

- Programming
- Part assignments
- Rehearsal Techniques
- The care and feeding of big flutes
- Improving intonation
- Improving ensemble playing

#### What to bring:

Flute(s), music stand, note-taking materials, and the following publications by Patricia George and Phyllis Avidan Louke: **THE FLUTE SCALE BOOK: A Path to Artistry** (Presser), **ADVANCED FLUTE STUDIES: The Art of Chunking** (Presser), **THE FLUTE VIBRATO BOOK** (Presser). Participants are encouraged to bring big flutes for the reading sessions.

For questions or more information, contact Phyllis Louke, [phyllis@fabulousflute.com](mailto:phyllis@fabulousflute.com) or Patricia George, [georgeflute@hotmail.com](mailto:georgeflute@hotmail.com) or Website: <http://fabulousflute.com>

Please mail your application and pay fee by June 10<sup>th</sup> to Fabulous Flute Music Company, c/o Phyllis Louke, 16800 SW Siler Ridge Lane Beaverton, OR 97007.

**Fee: \$250 (\$275, if received after May 1<sup>st</sup>)**

Checks should be made payable to Fabulous Flute Music Company, or pay with a credit card at [www.fabulousflute.com](http://www.fabulousflute.com)

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

In addition to my c-flute, I will be bringing (circle all that apply): alto bass contra piccolo

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Bring your flute and a music stand. Participants are encouraged to also bring big flutes for the reading sessions.

#### **FLUTE SPA & FLUTE CHOIR RETREAT LOCATION:**

**Phoenix Inn, 14905 SW Bangy Road, Lake Oswego, OR, near the interchange of I-5 and Hwy 217.**

The Phoenix Inn is located within walking distance of many restaurants and just minutes from tax-free shopping at Washington Square Mall. **Room rates will be available soon;** and includes complimentary continental breakfast buffet, and free internet service. *A limited number of rooms are available at this rate. Must book by May 23<sup>rd</sup>.*

#### **LODGING AND MEALS ARE NOT INCLUDED IN THE FLUTE SPA & FLUTE CHOIR RETREAT.**

**Lodging and meals are not included in the Flute Spa & Flute Choir Retreat**

**Hotel reservations: 503-624-7400** (ask for the special pricing for the Flute Spa Retreat).

***Fabulous Flute Music Company is not liable for you or your possessions. Keep your flute(s) with you at all times.***

**Patricia George** is the flute professor at the Sewanee Summer Music Festival and the American Band College. She has served on the faculties of the Eastman School of Music Preparatory Department, Idaho State University and Brigham Young University-Idaho. She is the Editor of *Flute Talk Magazine* and writes the monthly column "The Teacher's Studio." Her major flute teachers were Frances Blaisdell, Joseph Mariano, William Kincaid and Julius Baker. With Phyllis Avidan Louke she has written: *The Flute Scale Book: A Path to Artistry, Flute 101: Mastering the Basics, Flute 102: Mastering the Basics, Flute 103: Mastering the Basics, Advanced Flute Studies: The Art of Chunking, and The Flute Vibrato Book.* She has presented more than 200 Flute Spa masterclasses across the United States and Europe.

**Phyllis Avidan Louke**, a member of ASCAP, is a flutist and composer/arranger of music primarily for the flute, including small ensemble, flute choir, and solo music. With over 70 works published, her music has been performed extensively both nationally and internationally. Ms. Louke is on the faculty of Pacific University, maintains a large flute studio of private students, and is in demand nationally as a flute clinician. A certified teacher in elementary and music education, she earned a B.A. from the University of California at Santa Barbara, where she studied with Burnett Atkinson. She has contributed articles appearing in *Flute Talk* and *The Instrumentalist* magazines, and with Patricia George, she has co-written *The Flute Scale Book: A Path to Artistry, Flute 101: Mastering the Basics, Flute 102: Mastering the Basics, Flute 103: Mastering the Basics, Advanced Flute Studies: The Art of Chunking, and The Flute Vibrato Book.* For more information and pedagogical suggestions, please visit [www.fabulousflute.com](http://www.fabulousflute.com) and [www.phyllislouke.com](http://www.phyllislouke.com).