

THE FLUTE SCALE BOOK

A Path to Artistry

By Patricia George and Phyllis Avidan Louke

LESSON 3

1. Page 3.02 – Right hand on the barrel.
 - 1st line of music (Three Harmonics): 4 vibrato to quarter.
 - 2nd line of music (Slurred, three note harmonics): 5 vibrato per note.
2. Page 1.04 – Whole-Note Scales.
 - Level 1: F, Bb, Eb major. Three “HAHS” per note. Keep the HAH in the vocal folds.
 - Level 2: All keys. However, use the advanced order. Start on C2 and then ascend chromatically (C, C#, D, Eb etc.). Use the rhythm 1, found on P. 1.03. Play with “HAH” rather than T. On the top note, play 4 HAHS Staccato and then 4 HAHS Slurred (Spinning Vibrato). (Vibrato = HAHS slurred)
3. Page 1.08
 - Level 1: F, Bb Two HAHS per note. Top note spinning vibrato for as long as possible. (“Stick the landing”) Eb Play the Wiggle rhythm on each set of thirds. For example: EbGEbGEb, FAFAF, GBbGBbG etc.
 - Level 2: All keys. However, use the advanced order. Start on C2 and then ascend chromatically (C, C#, D, Eb etc.). Use “HAH” on each note. On the top note, play 4 HAHS staccato and then 4 HAHS slurred.
4.
 - Level 1: Page 3.07, First three lines.
 - Level 2: Page 5.36 as written. Notice how full your tone is as you progress down the page. Keep the vocal folds separated and blow.
5. Read Page 2.01.
 - Level 1 and 2. Questions: See the video guide to this exercise. Then each day play Level 1, play Exercise 1 in the key of F, Bb, and Eb.
 - Level 2: Play Exercise 1 in two keys per day, so in six days you will have rotated through all the keys. REMEMBER: The first note is strong and the second note is weak (LOUD/soft).
6. Page 4.02 – 4.03, Two-Octave Scales
 - Level 1: Eb major and c minor. Chunk by 4s slurred with a rest in between each beat.
 - Level 2: All keys. Use one of the suggested rhythmic patterns on page 4.01. Vary pattern by key.
6. Page 4.07 – Two-Octave Scales in Thirds
 - Level 1: Eb major and c minor. Single tongue (T) or (K). Keep the K high and forward. Rather than KA, think KEY.
 - Level 2: All keys. Slurred with the metronome. Quarter = 72, 144, 80, 120, 88, 104

Page 5.27.

Level 1, Eb minor, major and augmented

Level 2: Slur: Mon.=P. 5.27, Tues. P. 5.28, Wed. P. 5.29, Thu/Fri/Sat TK, sequence.

8. Page 6.05 – Chromatic Scales Preparation

Level 1: Chunking by 3s, Omit measures 3 and 4)

Level 2: P. 6.08. Follow directions on page.

9. Page 3.08 – Third-Octave Wiggles

Level 1: first, second and third lines only

Level 2: first six lines, K (Key) each note.

10. Level 1: Practice Page 4.19 slowly. Staccato

Level 2: P. 6.14

11. Level 1: Explore the Gariboldi etudes in FLUTE 102: Mastering the Basics

Level 2: Boehm: 24 Caprices, Op. 26. Four a day. Take one each day and play in rhythms based on Appendix 1 or 2.

Listen to Bach everyday. My favorite: Bach: Goldberg Variations performed by Glenn Gould.

HERE'S TO GOOD PRACTICING – Patricia George, January 16, 2011