

# THE FLUTE SCALE BOOK

## *A Path to Artistry*

By Patricia George and Phyllis Avidan Louke

### LESSON 6 – Go Green Bay Go!

1. Page 3.02 – Right hand on the barrel. 2<sup>nd</sup> line of music (Slurred, three note harmonics): 6 vibrato cycles per note. (Simple time: 1+2+3+)

Level 1: Page 3.04, G Major, 2, 3, or 4 vibrato cycles per note. Quarter = 60

Level 2: Page 3.04, G Major, On each pitch: 02320 vibrato cycles per note. Each number represents a beat. Page 3.03, 4<sup>th</sup> exercise, Descending Harmonic Patterns, 3 vibrato cycles per pitch.

2. Page 1.04 – Whole-Note Scales.

Level 1: F, Bb, Eb, G, D, A major. Three “HAHS” per note. Keep the HAH in the vocal folds.

Level 2: All keys. However, use the advanced order. Start on C2 and then ascend chromatically (C, C#, D, Eb etc.). Use the rhythm 1, found on P. 1.03. “HAH” articulation. On the top note, play 4 HAH Staccato and then 4 HAHS Slurred (Spinning Vibrato). (Vibrato = HAHS slurred)

3. Page 1.08

Level 1: F, Bb, Eb, G, D, A Major. On “T” or “THI” per note. Top note spinning vibrato for as long as possible. (“Stick the landing”) A Major. Play the Wiggle rhythm on each set of thirds.

Level 2: All keys. However, use the advanced order. Start on C2 and then ascend chromatically (C, C#, D, Eb etc.). Play one wiggle on every two notes, slurred. CECEC rest, DFDFD rest.

4. Level 1: Page 3.07, First five lines. Use the following: T, K, or HAH staccato on each note. Think about your finger touching in the very center of the key. Articulate fingers.

Level 2: Page 5.09 with T, K, or HAH on each note. Vary tempi from very slow to very fast.

5. Read Page 2.01. Phrasing Gestures. Strong/Weak or Loud/Soft. Level 1 and 2. Questions: See the video guide to this exercise.

Level 1, play Exercise 1, 2, 3 in the keys of F, Bb, Eb, G, D, A.

Level 2: Read Page 2.10. Practice the chart with the forward flow forward and back movement. The only movement should be your shifting your weight from your back foot to your front foot. The flute remains in the chin. Check your stance before you begin: Left foot in front, right in back as if you are serving a tennis ball. Your upper body will be facing to the right at 45 degrees. Head turned to the left. (Be sure to rest where indicated. Resting will help you learn to play ON the beat.) Use the keys on page. 2.11

6. Page 4.02 – 4.03, Two-Octave Scales

Level 1: A major and f# minor. Chunk by 4s slurred with a rest in between each beat.

Page 6.01 – 6.02

Level 2: Slurred. Yes, do the repeat. First time up – forte, second time up – piano. Play flat keys on MWF, and on TTS play the sharp keys. Remember to play all the way through first in the key of C. Then play all through again with one flat. Then with two flats etc. This exercise will help you be able to play any scale starting on any note. It is also a good exercise to keep the same color quality on each note.

## 6. Two-Octave Scales in Thirds

Level 1: page 4.07: D major and b minor. Single tongue (T) or (K). Keep the K high and forward. Rather than KA, think KEY.

Level 2: Page 5.12 – 5.13. This is the most challenging exercise in the entire book IMHO. The goal is to be able to play the Ascending thirds slurred, fast (quarter= 96) with a breath after measure 12. It won't happen in a day. Start by chunking by measure, resting on the barline. Think strength of the beats (1 is strong, 2 less, 3 least). If you can move your flute (gently, as if cueing someone) from down to up while playing your measure, all the better. MWF, flat keys. TTS, sharp keys

7. Level 1: Page 5.27. A minor, major and augmented

Level 2: Page 5.14 – 5.18. Rather than playing in 6/8, practice in triplets (in 4). Use the articulation: Slur 2, tongue 1 or tongue 1, slur 2. Spend most of your time on page 5.18.

8. Level 1: Page 6.05 – Chromatic Scales Preparation. Chunking by 4s, Omit measures 3 and 4.

Level 2: P. 6.09, Chromatic Major Seconds. Slur by 2s.

## 9. Page 3.08 – Third-Octave Wiggles

Level 1: first, second, third, fourth and fifth lines only. Tongue and slur.

Level 2: first seven lines, slurred with repeats. Wiggle as fast as you can.

10. Level 1: Practice Page 4.16, Keys of F, Bb, Eb, G, D and A

Level 2: Page 4.20. Only start with the last line on the page and ascend. Up and down 4 times in one breath. You may have to play more softly, but be sure the air stream is always moving out toward a target.

11. Level 1: Explore the Gariboldi etudes in FLUTE 102: Mastering the Basics

Level 2. Altes, 26 Selected Studies. Nos. 14,15, 17, 19, 21, 22 (especially THE solo that starts on the bottom of page 76 and concludes on 77. Tempo is dotted quarter = 88. Breaths: Page 77, bar 4 after the G2, third line first measure after the G, fifth line after the D in the last measure.

12. Level 2: Mozart, Andante in C

P.S. Level 2: Order Furstenau, Op. 107 in 2 volumes. If you have the Furstenau, practice the first four preludes only. Add the next four preludes. Some rules to think about (From Flute 101 and Flute 102): shape of the note, decay or diminuendo to the dot or tie, dots after notes indicate a silence, two notes – play strong weak, think about expressive vibrato speed, definite dynamics—not all mf.

*HERE'S TO GOOD PRACTICING – Patricia George, February 7, 2011*