

THE FLUTE SCALE BOOK

A Path to Artistry

By Patricia George and Phyllis Avidan Louke

LESSON 8

1. Page 3.02 – Right hand on the barrel. 2nd line of music (Slurred, three note harmonics): 6 vibrato cycles per note. (Simple time: 1+2+3+)
Level 1: Page 3.04, G Major, 2, 3, or 4 vibrato cycles per note. Then Ab Major. Quarter = 60
Level 2: Page 3.04, G Major, Then Ab Major. On each pitch: 0234320 vibrato cycles per note. Each number represents a beat.
2. Page 1.04 – Whole-Note Scales.
Level 1: F, Bb, Eb, G, D, A major. Slur 2, tongue 2.
Level 2: All keys. However, use the advanced order. Start on C2 and then ascend chromatically (C, C#, D, Eb etc.). Use the rhythm 1, found on P. 1.03. “HAH” articulation. On the top note, play 4 HAH Staccato and then 4 HAHS Slurred (Spinning Vibrato). (Vibrato = HAHS slurred)
3. Page 1.07
Level 1: F, Bb, Eb, G, D, A Major, two HAHS per note.
Level 2: All Keys. Two HAHS per note. Be sure there is no movement in the abdomen.
4. Page 3.08
Level 1: Rather than slurring, TKTKT each pattern. Start with one line, adding another every few days.
Level 2: Rather than slurring, HAH each note. Keep the HAH in the vocal folds.
5. Read Page 2.01.
Level 1 and 2: One key per day or week.
6. Page 4.02 – 4.03, Two-Octave Scales
Level 1: C Major/a minor. Practice tongued, long –short dotted eighth and sixteenth. Remember the dot equals a rest or articulatory silence. Repeat until you have learned the twelve pairs of scales.
Level 2: Play all scales, six notes to a beat, up and down three times, slurred.
7. Page 4.07
Level 1: Play each measure slurred with a rest on the barline (chunked). Keys of F, Bb, Eb, G, D, A
Level 2: All keys. First play the thirds, HAH. Then repeat slurring the entire two lines. Think about playing all the notes on one blow of air.
8. Page 5.04 – entire exercise
Level 1: omit
Level 2: Play first measure only of each key, slurred, on one blow of air. If indicated 8va, play 8va.

9. P. 5.12 and 5.13, Level 2: Descending. Chunk by measure with a rest on the barline. Keys: MWF- flats, TTS- sharps.

10. Page 6.05 – Chromatic Scales Preparation

Level 1: Chunking by 4s, Omit measures 3 and 4

Level 2: P. 6.09, Major Thirds. Slur by 2s.

11. Level 1: Explore Practice plans on P. 1.00, 2.10, and 3.00

Level 2: Explore Practice plans on P. 4.00, and 5.00

12. Level 2: Monday: Entire exercise on P. 5.14

Tuesday, P. 5.19

Wednesday, P. 5.27

Thursday, P. 5.30

Friday, P. 5.33

13. Level 2: Alternate MWF with P. 6.11/6.12 and TTS with P. 6.13

14. Level 2: P. 6.14

As always, use the Appendix 1 for practicing groups of 8 notes and Appendix 2 for practicing groups of 6 notes.

Explore: Koehler, Op. 33 exercises

Mercadante Concerto in E Minor

Debussy Syrinx

Good book to read: David Brooks *The Social Animal*

HERE'S TO GOOD PRACTICING – Patricia George, March 13, 2011